

The Nedding Checklist



At New York New York Hair Salon and Spa, we understand how important your special day is to you and your loved ones. Because of that, we strive to exceed all your expectations. From skin care and nails to hair and makeup, NY NY offers the most extensive list of services in the Frederick area. Our talented team is dedicated to make your day just as special as you envisioned!

5-6 Weeks Prior Begin skin regime

Prepare your skin for a busy few weeks by working with one of our skin therapists. Be assured that your skin will be flawless for the important day.

Tip: Stay hydrated and get lots of rest within these next few weeks so your skin stays glowing and rejuvenated.



## 2 Weeks Prior



Hair and makeup trial

Meet with your stylist and makeup artist to have a mock run through for your hair and makeup. Bring along your favorite inspiration so our team knows exaclty what you're looking for.

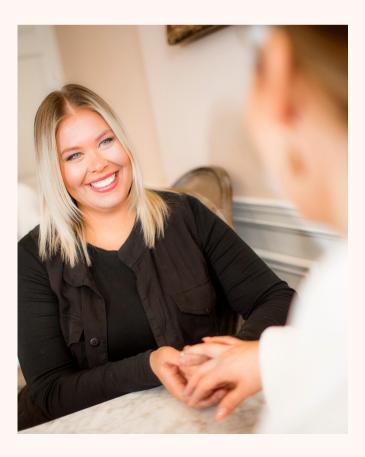
Tip: Be sure to wear the neckline of your gown and bring the accessories (your veil, any hair peices, etc.).

1 Week Prior

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It is recommended that you receive final spa services such as facials, massages and body treatments one week prior. Guaranteeing you relax and enjoy the build up to your big day.

*Tip: Try to avoid wearing make up this week. Let your skin breathe and limit your stress intake.* 





1-2 Days Prior
The perfect nails

Either two days or the day before schedule your manicure and pedicure for your nails. Remember to check with your bridesmaids to see if they would like to do theirs as well.

Tip: Stick with a simple, clean design or color that won't be distracting or take away from your dress.



Come in, relax and let our team of professionals take care of you & pamper you for your big day. We can't wait to make your dreams come true!

